

Nepali Dishes

We are honoured to bring you a generous sampling of Indo-chinese popular dishes. Everest Cuisine features an array of classic Nepali food.

79. **Cauliflower Manchurian Gravy/Dry** £9.95 (G)
Crispy battered fried cauliflower tossed ginger, garlic, green chilli and soya sauce
80. **Chicken Manchurian Gravy** £10.45 (K)
Crispy fried chicken saulted dice pepper onion, spring onion, ginger, garlic and chilli, finished with medium sauces
81. **Piro Kukhura** £10.95 ((
Fairly hot chicken curry with mushrooms, ginger & garlic
82. **Khasi Ko Jhol** £10.95 (K)
Traditional Nepalese style Lamb Curry
83. **Naram Chara** £9.95 (K)
Chicken cooked with traditional Nepalese herbs with ginger garlic paste & tomato sauce
84. **Rara Lamb** £10.95 (K)
Tender pieces of lamb cooked with radish, garlic, ginger & selected Nepalese spices
85. **Chicken/Lamb Momo** £8.45 / £8.95 (G)(K)
Special dumplings, keema with Nepalese homemade spices served with chutney

Biryani Dishes

86. **Vegetable Biryani** £9.45 (K)
Seasonal vegetables, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat
87. **Chicken Biryani** £10.45 (K)
Chicken, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat
88. **Chicken Tikka Biryani** £10.95 (K)
Chicken, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat
89. **Special Biryani** £11.95 (K)
Chicken, lamb & prawns, basmati rice, cardamom, cinnamon, bay leaf, sultanas roasted cashew nuts & saffron cooked together at low heat
90. **Lamb Biryani** £10.95 (K)
Lamb, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat
91. **King Prawn Biryani** £11.95 (K)
King Prawn, basmati rice, cardamom, cinnamon, bay leaf, sultanas, roasted cashew nuts & saffron cooked together at low heat

Veg Dishes

- Small / Main**
92. **Aloo Gobi** £4.65 / £7.95
Potato & cauliflower
93. **Aloo Chana** £4.65 / £7.95
Potato & chickpeas
94. **Bhindi Bhaji** £4.65 / £7.95
Okra
95. **Bombay Aloo** £4.65 / £7.95
Hot spicy potato
96. **Brinjal Bhaji** £4.65 / £7.95
Aubergine
97. **Daal Makhani** £4.65 / £8.95 (D)
Black lentils with butter cream & tomato sauce
98. **Mushroom Bhaji** £4.65 / £7.95
Mushroom
99. **Saag Aloo** £4.65 / £7.95
Spinach & potato
100. **Mutter Paneer** £4.95 / £8.95 (D)
Green peas with cottage cheese
101. **Butter Paneer** £4.95 / £8.95 (D)
Cottage cheese in a cashew nut paste with tomato & butter cream sauce
102. **Paneer Jalfrezi** £4.95 / £9.95 (D)
Cottage cheese infused with a garlic, mixed pepper & green chillies
103. **Saag Bhaji** £4.65 / £7.95
Chickpeas with spinach
104. **Jhane Ko Daal** £4.65 / £7.95
Tarka daal
105. **Palak Paneer Kofta Curry** £8.95 (D)
Infused cumin & spinach, cottage cheese dumpling stuffed with raisins & cashew nuts, served in a tomato gravy
106. **Saag Paneer** £4.65 / £8.95 (D)
Spinach & cottage cheese cooked in a medium spiced creamy sauce with garlic & onion
107. **Makai Palak** £4.65 / £7.95
Baby corn & spinach with fried onions, garlic & ginger, cooked in onion gravy
108. **Paneer Bhurji** £8.95 (D)
Grated cottage cheese, peas with onion, tomato, garlic and bell peppers spiced masala and peas

Rice

109. **Plain Rice** £2.65
110. **Pilau Rice** £2.95 (D)
111. **Egg Fried Rice** £3.35
112. **Mushroom Rice** £3.35
113. **Nepalese Pilau Rice** £3.35
114. **Saffron Rice** £3.35

Bread (G)

115. **Plain Naan** £2.35
116. **Garlic Naan** £2.55
117. **Peshwari Naan** £2.95
118. **Keema Naan** £2.95
119. **Paratha** £2.95
120. **Chapatti** £1.95
121. **Butter Naan** £2.45
122. **Tandoori Roti Plain** £1.95
123. **Butter Chapatti** £2.55

Kids Menu

124. **Chips** £1.75
125. **Chicken & Chips** £4.95
126. **Chicken Kurma** £4.95 (N)
127. **Chicken Nuggets & Chips** £4.95 (G)
128. **Fish Fingers with Chips** £4.95



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Everest Cuisine

Traditional Indian & Nepalese Food



Takeaway Menu

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1 Queensway Southampton SO14 3AQ, UK
Email: contact@everestcuisine.co.uk

Sundries

01. **Plain Poppadom** £0.80
02. **Masala Poppadom** £0.85
03. **Chutney Tray - (Per Head)** £1.50 **D**
04. **Mint Sauce** £0.80 **D**
05. **Onion Salad** £0.80
06. **Mango Chutney** £0.80
07. **Lime Pickle** £0.95
08. **Mix Pickle** £0.95
09. **Mango Pickle** £0.95
10. **Cucumber Raita** £1.95 **D**
11. **Green Salad** £2.50
12. **Mix Raita** £1.95 **D**
Yogurt with tomato, onion, cucumber & spices
13. **Onion Bhaji** £3.95 **(**
Sliced onions mixed with spices, herbs, gram flour & deep fried
14. **Vegetable Samosa** £3.95 **G (**
Triangular pastry stuffed with a blend of vegetables
15. **Paneer Tikka / Pakora** £5.75 / £4.90 **D**
Paneer Tikka with chef special spices / Cottage cheese with Indian spices & gram flour, deep fried
16. **Chilli Paneer** £5.25 **D ((**
Cottage cheese with green chilli toasted with Indian spices & chilli sauce
17. **Everest Veg Platter** £5.25 **D (**
Onion bhaji, paneer pakora & vegetable samosa
18. **Chana Chatpata Starter** £4.25 **(**
Chickpeas cooked in Indian spices, with a sweet & sour sauce
19. **Aloo Tikki Chaat** £4.45 **G (**
Delicately potato patties, chickpeas, chopped onion, tomato, cucumber with creamy yoghurt mint & tamarind sauce
20. **Hara Bara Kebab** £4.45 **G (**
Green peas, spinach and vegetable with touch of spices
21. **Papri Chaat** £4.45 **G D**
Crispy fried small puris topped with chickpeas, onion, potatoes finished with mint yoghurt & tamarind sauce
22. **Mix Chaat** £4.95 **G D**
Vegetable samosa, crispy fried dough wafers, Aloo Tikki, chickpea, top of yogourt and tamarind chutney.

Non-Veg Starters

23. **Everest Non Veg Platter** £6.95 **D**
Lamb chop, chicken tikka, seekh kebab served with salad & chutney
24. **Meat Samosa** £4.35 **G (**
Triangular pastry stuffed with blend of meat
25. **Keema Kebab** £4.95 **(**
Lamb minced blended with spices & grilled in the tandoori oven
26. **Tandoori Lamb Chops** £6.15 **D (**
Lamb chops cooked in the tandoori with special Indian spices (2 pieces)
27. **Fish Pakora** £5.95
Crispy crunchy fish pakora marinated with ajwain, garlic, ginger paste, gram flour & deep fried
28. **Tikka** **D (**
Tikka tandoori with special Indian herbs served with
Salman Tikka £7.25
Tiger King Prawn Tikka (2pieces) £7.20
Chicken Tikka £5.15
Lamb Tikka £5.95
29. **Chicken/Lamb Momo** £5.45 / £5.75 **G**
Chicken/Lamb keema with Nepalese spices & steam cooked
30. **Chicken Chilli Dry** £5.95 **((G**
Chicken fried in Nepalese spices with capsicum, onion & chilli sauce
31. **Chicken / Lamb Choila** £5.15 / £5.45 **(**
Chicken/Lamb in Nepalese spices with ginger garlic paste & cumin powder
32. **Garlic Fried Prawns** £5.95 **N**
Prawns with cornflower, salt, lemon & deep fried with garlic & ketchup
33. **Bhuna Prawn Puri** £5.95
Prawns cooked in Indian spices, served in a deep fried pancake
34. **Tawa Scallops** £7.35
King Scallops marinated with chef's own aromatic spices selo pan fried served with mint sauce
35. **Hariyali Chicken Tikka** £5.50 **D**
Chicken breast marinated with mint, yoghurt and selected spices

Chef's Signature Dishes

Our head chef and his team have an abundance of experience from some of India's and Nepal's finest restaurants. They present a contemporary twist to traditional dishes that are distinctive to our Everest Cuisine. Here you can enjoy an influx of irresistible and mouth-wateringly well presented dishes.

36. **Chicken Labadar** £10.95 **D N (**
Chicken tikka cooked in a butter cream blended with cashew nut & mixed peppers. Selected spices in tomato & onion sauces
37. **Old Delhi Style Butter Chicken** £10.45 **D N (**
Chicken tikka cooked with butter cream blended with cashew nut & tomatoes & Fenugreek leaf
38. **Scallop Tawa Masala** £13.95 **(**
Selo fried Jambo King Scallop cooked in onion tomato gravy
39. **Murgh Musallam** £11.95 **(D**
Boneless tandoori chicken cooked with lamb mince, onion and tomato sauce
40. **North Indian Chilli Garlic Chicken** £10.95 **((D**
Chicken curry laced with garlic and whole red chilli aromatic spices flavour
41. **Kema Mutter** £10.45 **(**
Mince meet with green peas cooked in indian aromatic spices
42. **Masala Champy** £11.95 **(**
Tandoori lamb chops cooked in chef's own recipe
43. **Laal Maas** £10.95 **((**
Slow-cooked Rajastani style lamb curry with Kashmiri chilli, ginger & yoghurt
44. **Kashmiri Lamb** £10.95 **(((**
Tender slow-cooked overnight roasted lamb shank spices & juice with wilted greens & awadhi style sauce
45. **Dumki Nihari** £11.95 **(**
Slow-cooked overnight lamb shank on the bone with an assortment of spices in our blended sauce
46. **Sea Bass Moiley** £12.45 **(**
Fairly hot fried sea bass in coconut milk, curry leaves, mustard seeds & Indian spices spices in our blended sauce
47. **Badami Chicken** £10.95 **D N**
Chicken cooked with almond powder, coconut powder, mango pulp & Indian spices. Garnished with honey
48. **Aduwa Duck** £11.35 **D**
Succulent lean pieces of duck cooked with ginger selected herbs & spices. In our own blended sauce
49. **Imbli Chicken** £10.95 **D**
Breast of chicken cooked with mustard seeds, tamarind & sweet chilli sauce
50. **Jalapeno Chicken** £10.95 **D ((**
Breast of chicken cooked in mustard seeds, curry leaves & jalapeno, mixed peppers & Indian spices
51. **Kohzi Nadan Curry** £10.95 **((**
Cube chicken cooked with fennel, ground spices, red chilli, coconut and curry leaves
52. **Goan Fish Curry** £12.95 **((**
Fish fillet cooked with coconut, red chilli, tomato, Shallots, mustard seeds, curry leaves and tamarind sauce
53. **Coconut Monkfish** £12.95
Monk fish cooked with white sauce & coconut milk
54. **Jalfrezi** **((**
Cooked with ginger, garlic, peppers & green chilli
Chicken Tikka Jalfrezi £9.45
Lamb Jalfrezi £9.45
Lamb Tikka Jalfrezi £9.95
Duck Jalfrezi £11.45
Tiger King / Prawn Jalfrezi £11.95 / £10.45
55. **Tikka Masala** **D N**
Cooked in a masala sauce with almond powder
Chicken Tikka Masala £9.45
Batak Tikka Masala £11.95
Lamb Tikka Masala £9.95
Tiger King / Prawn Tikka Masala £11.95 / £10.45
56. **Danasak** **((**
Hot sweet & sour chicken curry cooked with lentils & methi leaves
Chicken Danasak £8.95
Lamb Danasak £9.45
Vegetable Danasak £7.95 **V**
Jhinga Danasak £11.95
57. **Pathia** **((**
A spiced dish cooked in an enriched thick sauce for a sweet & sour taste
Chicken Pathia £8.95
Lamb Pathia £9.45
Vegetable Pathia £7.95 **V**
Tiger King / Prawn Pathia £11.95 / £10.45
58. **Korma** **D**
Cooked in a creamy mild sauce combined with coconut
Chicken Korma £8.95
Lamb Korma £9.45
Vegetable Korma £7.95 **V**
Tiger King / Prawn Korma £11.95 / £10.45
59. **Madras** **(((**
Cooked in onion, tomato, chillie base sauce with roasted ground spices & Chillie garlic sauce
Chicken Madras £8.95
Lamb Madras £9.45
Vegetable Madras £7.95 **V**
Tiger King / Prawn Madras £11.95 / £10.45

60. **Balti** **(**
Cooked in tomato, onion, garlic & ginger base sauce with turmeric and gram masala
Chicken Balti £8.95
Lamb Balti £9.45
Vegetable Balti £7.95 **V**
Tiger King / Prawn Balti £11.95 / £10.45
61. **Vindaloo** **(((**
Cooked with Kashmir chillies roasted potato and gram masala
Chicken Vindaloo £8.95
Lamb Vindaloo £9.45
Vegetable Vindaloo £7.95 **V**
Tiger King / Prawn Vindaloo £11.95 / £10.45
62. **Rogan**
Traditional aromatic curry with cassia and cardamon. Finishing with fresh tomatoes
Chicken Rogan £8.95
Lamb Rogan £9.45
Vegetable Rogan £7.95 **V**
Tiger King / Prawn Rogan £11.95 / £10.45
63. **Do-pyaza** **(**
Cooked with sliced onion sweet chilli pepper
Chicken Do-pyaza £8.95
Lamb Do-pyaza £9.45
Vegetable Do-pyaza £7.95 **V**
Tiger King / Prawn Do-pyaza £11.95 / £10.45
64. **Bhuna** **(**
Cooked with sliced onion sweet chilli pepper
Chicken Bhuna £8.95
Lamb Bhuna £9.45
Vegetable Bhuna £7.45 **V**
Tiger King / Prawn Bhuna £11.95 / £10.45
65. **Saagwala** **(**
Spinach, onions & spices. For its unique taste in our own sauce
Chicken Saag £9.45
Lamb Saag £9.45
Vegetable Saag £7.95 **V**
Tiger King / Prawn Saag £11.95 / £10.45
66. **Karahi** **(**
Homestyle karahi with fragrant spices and fresh ginger
Chicken Karahi £8.95
Lamb Karahi £9.45
Vegetable Karahi £7.45 **V**
Tiger King / Prawn Karahi £11.95 / £10.45

Tandoori Dishes

67. **Tandoori Lamb Chops** £10.95 **D**
Lamb chops marinated with yoghurt and selected spices then baked in a tandoori oven
68. **Tandoori Chicken** £8.95 **D**
Succulent Chicken marinated with yoghurt and selected spices then baked in a tandoori oven
69. **Tandoori Chicken Tikka** £8.95 **D**
Boneless Chicken marinated with yoghurt and selected spices then baked in a tandoori oven
70. **Tandoori Lamb Tikka** £9.95 **D**
Boneless Lamb marinated with yoghurt and selected spices then baked in a tandoori oven
71. **Tandoori Tiger King Prawn** £12.95 **D**
Tiger King Prawn marinated with yoghurt and selected spices then baked in a tandoori oven
72. **Tandoori Chicken Tikka Shashlik** £10.95 **D**
Chicken skewered with onion, tomatoes, capsicum baked in a tandoori oven
73. **Tandoori Lamb Tikka Shashlik** £10.95 **D**
Lamb skewered with onion, tomatoes, capsicum baked in a tandoori oven
74. **Tandoori Salmon Tikka** £12.95 **D**
Pieces of Salmon marinated in herbs and selected spices then baked in a tandoori oven
75. **Tandoori Paneer Shashlik** £10.95 **D**
Cottage cheese marinated with herbs and spices then baked in a tandoori oven
76. **Tandoori Mixed Grill** £13.95 **D**
Lamb chops marinated with yoghurt and selected spices then baked in a tandoori oven
77. **Hariyali Chicken Tikka** £10.95 **D**
Chicken breast marinated with mint, yoghurt and selected spices

Everest Cuisine has offered events and catering over the last 15 years, Wedding Parties, Anniversaries, Birthdays, Festivals, Charity Events, Business Meetings, Dance Floor over 300-person capacity, Off-Season & Weekdays discounts for parties.